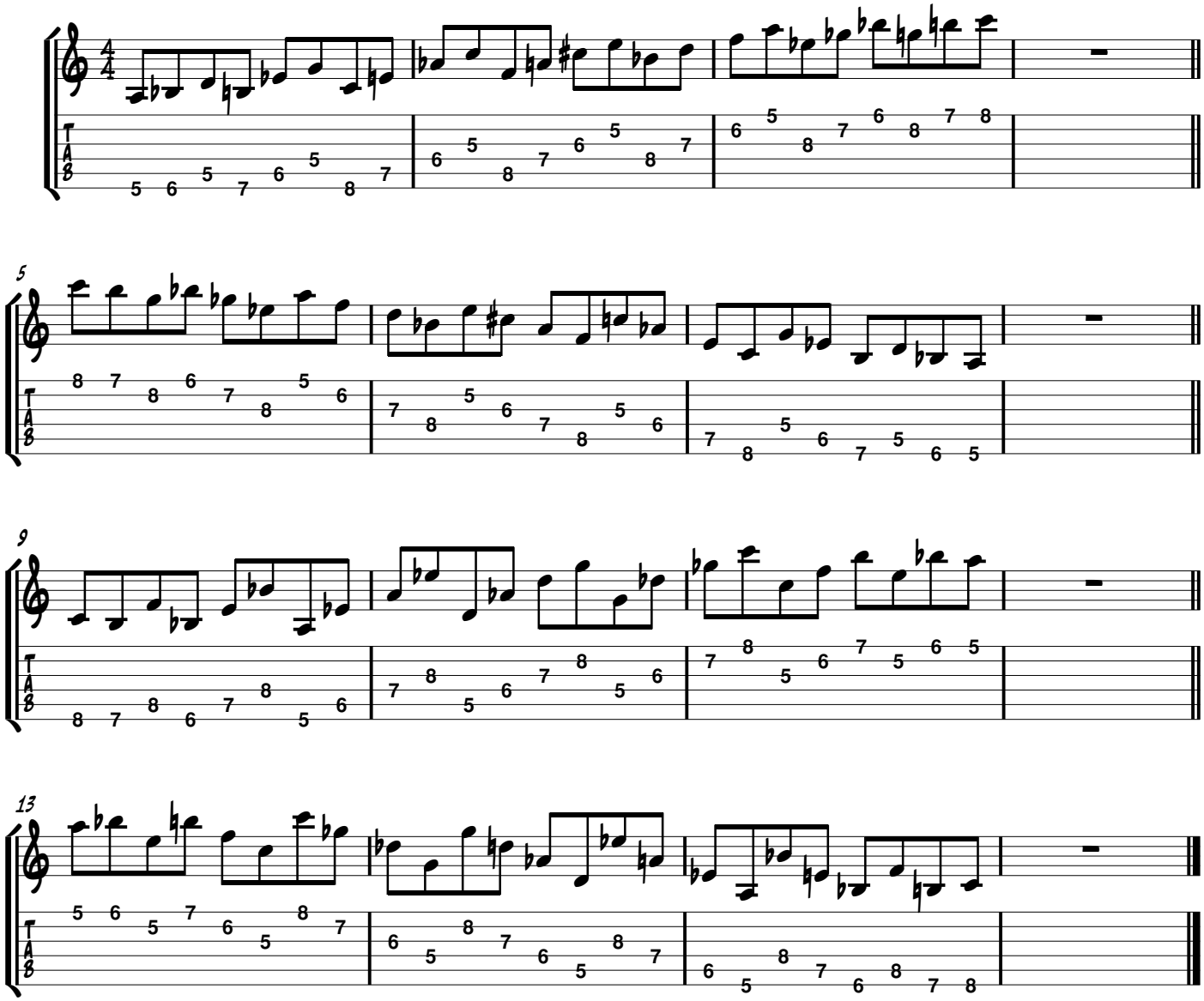
Alt. Picking Exercise



Play each of the 4 staves starting on a downstroke, then repeat starting each on an upstroke.