

## PRACTICE SCHEDULE

5 minutes - Standard Tune warm up (jam over changes)

5 minutes – Scales, 5 Positions

– Major (w1-5); Melodic Minor (w6-10); Harmonic Minor (w11-15); Altered Scale (w16-20)

40 minutes - Superchops

20 minutes - Hip Licks for Guitar (Greg Fishman)

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
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Week 20							