## **PRACTICE SCHEDULE**

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	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5	DAY 6	DAY 7
WEEK 1							
WEEK 2							1
WEEK 3							
WEEK 4							
WEEK 5							
WEEK 6							
WEEK 7					5 D		1
WEEK 8							
WEEK 9							1
WEEK 10							
WEEK 11							
WEEK 12							
WEEK 13							
WEEK 14							
WEEK 15							
WEEK 16							
WEEK 17							1
WEEK 18							
WEEK 19							
Week 20							1