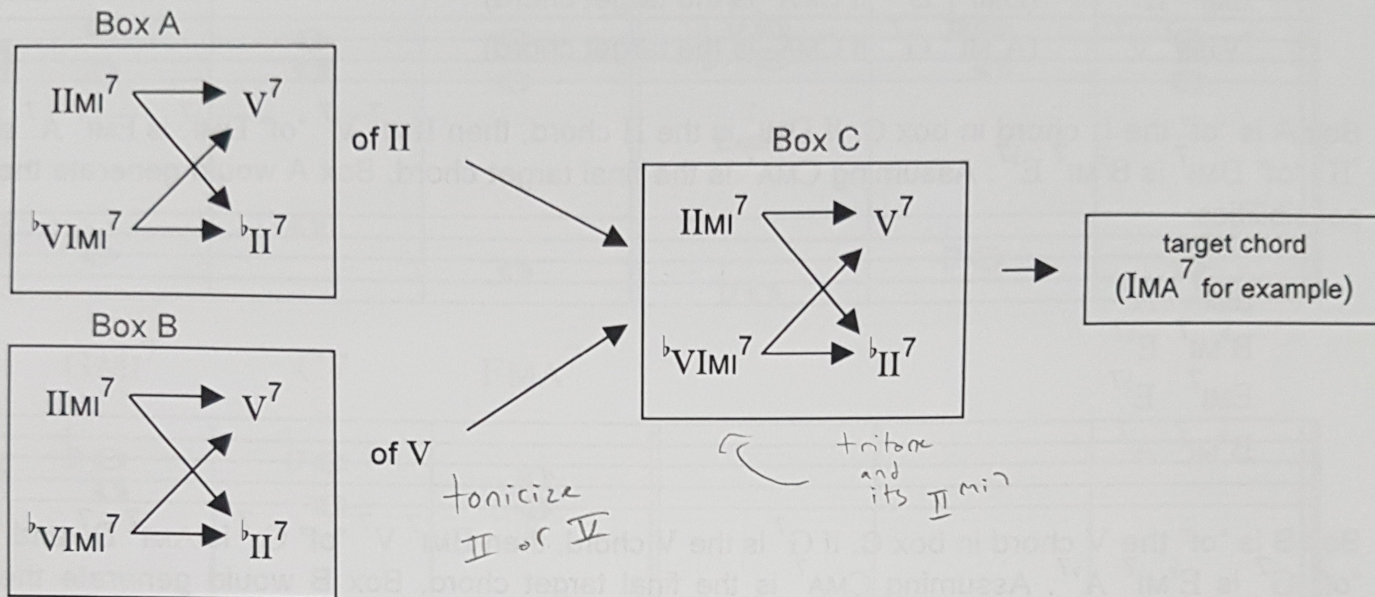
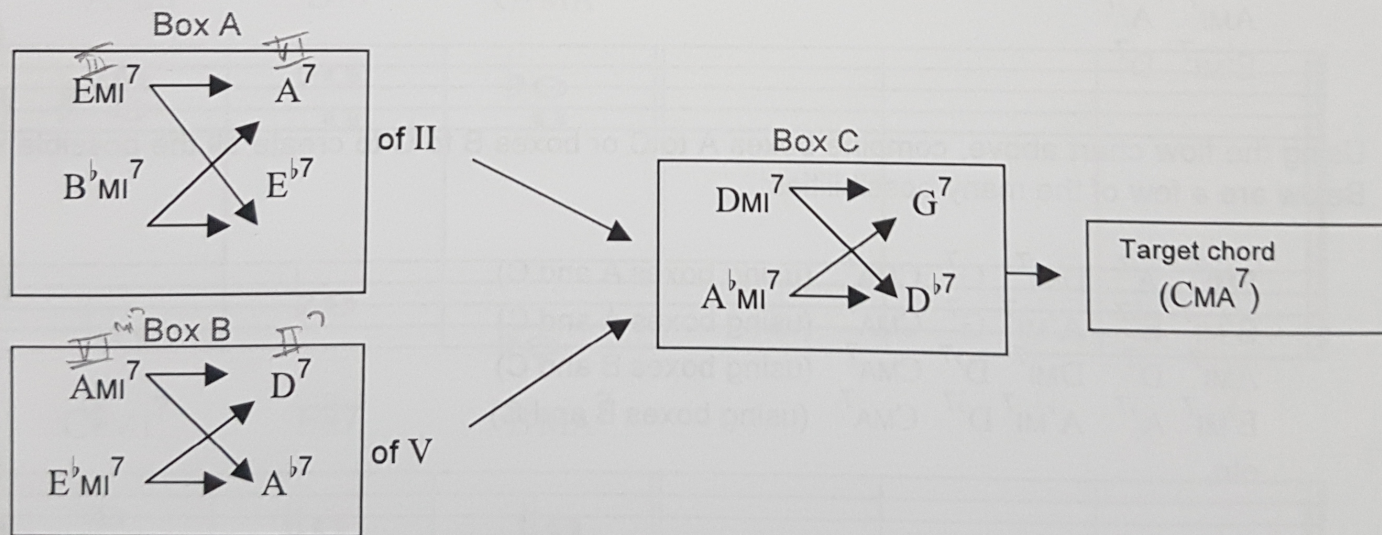


TRIPLE BOX TECHNIQUE

The triple box technique is a harmonic tool used to generate variations of a four-chord harmonic progression leading to a given chord. It uses the concepts of secondary II V's and tritone substitution and can be useful for improvising and composing. The diagram below illustrates the possibilities.



It is helpful to work backwards from the target chord. First determine the chords generated from box C, then determine the other boxes. To help clarify the diagram above, the following is the triple box technique with CMA^7 as the target chord:



Notice the two possibilities of flow between boxes:

Box A \rightarrow Box C \rightarrow target chord

Box B \rightarrow Box C \rightarrow target chord